

Panorama: Club Roundup

Local ledger

Computer classes at the Lodi Public Library

The Lodi Public Library will hold the following computer classes:

- **Introduction to Windows 10:** *Wednesday, June 22, 9:30 a.m.*, Participants will learn how to install, set up and use Windows 10. Advance registration is required.

- **Introduction to Cloud Computing:** *Thursday, June 23, 9:30 a.m.* Participants will learn how to create store and share files entirely online. Advance reg-

Heart and Sole Walking Group achieves goal, walks 196,800 steps



COURTESY PHOTOGRAPH

Owner of Cut the Mustard, Chris Troy, and Heart & Sole members gather together for a celebratory meal.

Members of the local community walked their way to San Francisco without leaving Lodi.

The Heart & Sole Community Walking Group met their goal of walking 96 miles, a total of 196,800 steps — the distance in steps from Lodi to San Francisco.

Group members accumulated the steps through their weekly walks together since the walking group was formed earlier this year.

The group celebrated the big achievement together with lunch at a local favorite restaurant, Cut the Mustard in Lodi.

Heart & Sole is a group open to the community through Lodi Community Outreach, a program of Lodi Funeral Home.

“Heart & Soul is intended to enhance the wellbeing of our community by encouraging friendship, support and fitness,” said Community

Outreach Coordinator Esther Vargas.

“It is wonderful to see the group so excited to walk. There is always something new to talk about.”

Heart & Soul, a free community walking group, meets every Thursday at 9 a.m. at Lodi Memorial Park, 5750 East Pine Street, Lodi. For more information on the Heart & Soul Walking Group call 209-369-3564.

— Source: Esther Vargas